

CHALLENGE COURSE

Take your team through a sequence of exercises that encourages interaction. The actual sequence will be determined once the group is on site, facilitated for safety throughout.

How Does It Work?

Low initiatives focus on problem solving, creativity, safety and accountability. The experience will allow the group to become comfortable with the physical process and role of spotters. These challenges help to build physical and emotional trust within the group. This part of the experience creates a playful, supportive atmosphere for people to take personal risks and stretch limits while working together as a team to accomplish set goals. These are complex initiatives designed with multiple decision points, implementation and execution strategies, and flexible leadership and communication needs. We will end the low experiences with a discussion on how teamwork played a part in the end result of the initiatives and how this learning can be used at the office.

The High challenge course experience emphasizes risk-taking, trust and team support. The challenges allow participants to expand their comfort zones – sometimes dramatically – and recognize fears that may block personal achievement. Each moment is rich with discoveries, whether a person is climbing, supporting “on belay” or finding an effective way to encourage a teammate.

Our *Challenge By Choice* philosophy enables participants to experience their own success in the context of their aspirations.

How Do Participants Benefit?

- Build trust
- Strengthen communication
- Apply effective problem solving
- Gain insight into team dynamics

Half day or full day

8-45 participants

Why Choose the Kohler Experiential Learning Center?

The Kohler Experiential Learning Center promotes team building, helping your organization achieve increased success. Because our learning solutions are customized around your organization’s needs, you can expect powerful results. Collaborative by nature, our world-class team-building and leadership-development programs will help you and your team discover new ways to work more effectively and efficiently together. Our talented development professionals are experts at facilitating fully inclusive and interactive experiential learning programs designed to increase engagement, improve communication and build trust.